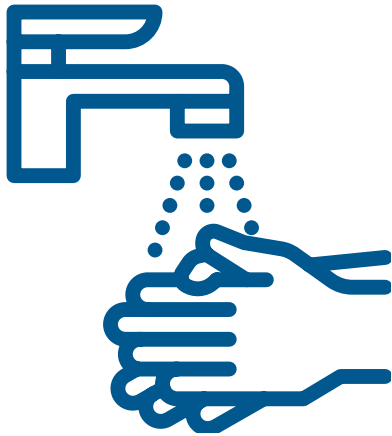


COVID-19 Wash your Hand

新型冠状病毒 清洁双手

Help prevent the spread of germs and protect yourself from COVID-19 and other respiratory viruses.

避免病菌传播，预防 COVID-19 和其他呼吸道感染。



Wash your hands often with soap and water or use an alcohol-based hand sanitizer.

勤用肥皂洗手或以酒精搓手液消毒双手

Avoid touching your eyes, nose, and mouth with unwashed hands.

未洗手时，避免触碰眼睛、鼻子和嘴巴

详情请参阅 toronto.ca/covid19 或致电 416-338-7600

Residents are reminded to use credible, evidence-based sources of information about this new coronavirus. Toronto Public Health's website is updated regularly as new information becomes available to help keep residents informed about COVID-19.

市民应参考循证可信的疫情资讯。多伦多公共卫生局网页会定期更新有关 COVID-19 的资讯。

Sources : Toronto Public Health 资料来源：多伦多卫生局

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